

# Registration & Payment

Send your name, private address, country, affiliated Institute (if any), e-mail address and fee-category (for example 2B) to [egatinsd2024@iga-aarhus.dk](mailto:egatinsd2024@iga-aarhus.dk)

### Payment to Bank:

Jyske Bank (Vesterbrogade 9, 1780 Copenhagen)  
Receivers name: IGA Aarhus  
**IBAN:** DK9151480001322975  
**SWIFT:** JYBADKKK  
Mark 'your first and last name'.

You will get a confirmation of participation, when payment is concluded.  
**Deadline for registration is 16.4 2024.**

Fees - Category:	A	B
	Before 1.2 2024	After 1.2 2024
1 EU + Norway, Switzerland, UK	270 €* 305 €* 210 €	245 €
2 Non-EU / outside Europe	215 €* 250 €* 215 €	250 €* 250 €* 215 €
3 Students in DK	185 € 220 € 185 €	220 €
4 Students outside DK	50 € 50 € 50 €	50 €
5 On-line	40 € 40 € 40 €	40 €
6 On-line students	90 € 100 € 90 €	100 €
7 Accompanying person	350 € 350 € 350 €	350 €
8 Solidarity fee		

Fees (except 5+6+7) include full program, all meals and Gala dinner Saturday evening. Category 7 is for the Saturday evening event. On-line includes streaming of presentations and AGM (voting possibility not settled). Cancellation before 1.3: -15%, before 1.4: - 50%, after 1.4: no return of fee. \* Indenrigs betaling i DKK: 1 A/B 2015/2275, 3 A/B 1605/1865.

# EGATIN Study Days in Aarhus 2024

### Transportation to Aarhus

From Aarhus Airport: Bus 925X to Aarhus Railway station  
Taxi from 125-140 €  
From Billund Airport: Bus 912X to Aarhus Bus station  
See: [www.bll.dk](http://www.bll.dk)  
From Copenhagen Airport: Train to Aarhus H

### Accommodations

At the venue 18 simple rooms available:  
154€ for 3 nights, breakfast 7€. Send your request for this option asap to [egatinsd2024@iga-aarhus.dk](mailto:egatinsd2024@iga-aarhus.dk)

### Hotels

Wakeup Aarhus (€) - breakfast not included  
Scandic the Mayor (€€)  
Scandic Aarhus City (€€)  
Hotel Atlantic (€€)  
Radisson RED Aarhus (€€)  
Hotel Marselis (located halfway between city center and venue) (€€€)  
Milling Hotel Ritz (€€€)  
Comwell Hotel (€€€)  
Hotel Royal (€€€€)

We have no special prices for the hotels. Prices vary. We recommend you search at the web directly or through booking sites.

### Transportation to the venue

The Diaconal University College is 5,9 km from city center and Café Hack. Taxi is approx. 265 Dkr. City bus (Midttrafik) line #100 (3€) takes 13 minutes from city center to a stop 5 minutes' walk from the venue.

### Registration

At arrival at the venue, you can check-in and get your name tag, list of participants, presentation of presenters, group allocation and dinner entrance card. No bag or writing utensils are provided.

### Lunch & serving

The cantina from which food is served is right outside the main hall. The food will be varied, healthy and ordinary Danish.

### EGATIN history

A display of photos from EGATIN Study Days through the years will be arranged.

### Welcome reception on Friday

You are provided a full meal and drinks.

### Gala dinner on Saturday

The Gala Dinner will be held at Café Hack on Saturday. We shall dine in the salon on top of the café and enjoy rest of the evening downstairs. - Please, give notice, when you arrive for registration if you have special allergies or prefer vegetarian food (Saturday).

**After the Study Days:** You will receive a Certificate of attendance.

## Venues

### The Diaconal University College in Aarhus

Lyseng Allé 15H, 8270 Højbjerg  
[www.diakonhojskolen.dk](http://www.diakonhojskolen.dk)

### Café Hack - Teatergaden 1, (Bishops Square)

[www.restauranthack.dk](http://www.restauranthack.dk)

## More information

On Bursary Application (form), Presenters, Presentations, Abstracts, City Maps, Bus Tickets, etc. look here:

European Group Analytic Training Institutions Network  
[www.egatin.net](http://www.egatin.net)

Institute of Group Analysis, Aarhus  
[www.IGA-Aarhus.dk](http://www.IGA-Aarhus.dk)

### EGATIN Committee

Marina Brinchi, Chair  
Anneli Bittner  
Egle Pauziene  
Linde Wotton  
Mirjana Pernar  
Taras Levin

### Local Organising Committee

Kristian Valbak, Chair  
Ana Loncar Knutsen  
Lene Hjort  
Kristian Rokkedal  
Susanne Broeng

# EGATIN

## Study Days & AGM

26.-28. April 2024 in Aarhus



The Infinite Bridge

In Times of Disruption -  
Who and What is Group Analysis  
for and Where are we going in  
Group Analytic Training?



Institute of  
Group Analysis  
Aarhus



EGATIN  
European Group Analytic  
Training Institutions Network

# INTRODUCTION

Dear participants,

In recent times, our existence has increasingly met with alarming reports and evidence of human suffering caused by wars and climate changes with weather disasters, like droughts, floods, and heatwaves. Millions of people are driven from their homes, and many can only survive with help from outside. The pandemic has isolated us and made us more cautious about our contacts with our fellow humans. Geopolitically, there is a movement toward protection from external threats and a desperate protection of our known resources. The downfall and disruption in recent years seem endless. It's as if Pandora has opened the jar - again!

The political and economic climate has become more polarized and confrontational, and inflation has caused shortages in living standards and cutbacks in healthcare institutions. A civilized society, it is said, can be measured by how it takes care of the weakest members, the ill and mentally vulnerable. In present times, it is shameful to realize how little attention is paid to failing health systems.

However, Group Analysis was born during a devastating war in Europe. Traumatized men from the fronts were gathered in groups as an experiment to regain their sanity. Hope was sought and found in the darkest times. Group analysis developed along two lines: as a theory to understand human group dynamics and as a treatment option, along with other group therapies. Just as psychotherapy was the treatment for personality disorders, group analytic psychotherapy found its place as an evidence-based option for personality disorders and various other conditions, like eating disorders, depression, sexual abuse, and psychotic disorders. Furthermore, the experience was that a supportive and modified group analytic psychotherapy was needed for use with psychiatric patients. We work with the view that all group analytic psychotherapy is applied!

The Institute in Aarhus, which became a member of EGATIN in 1991, was founded by psychiatrists and psychologists in a large psychiatric hospital with a psychotherapeutic department. The hospital provided space and encouraged education in exchange for skilled group analysts who could contribute to a diverse treatment of psychiatric disorders.

In the last ten years, there has been waning interest in psychoanalytic psychotherapy, and fewer applicants for the educational programs. In Denmark, a persistent economic strain on the mental health sector has led to a shortage of beds, staff, and experience. A situation that has just recently prompted more resources to be allocated to this area.

The global disruptions have affected resources for the health sector and social care in many countries. The horror of the brutality and destruction caused by human behavior has led to social anxiety, individual fear and distrust. This has also permeated our training organizations and professional societies.

Where do we stand now? Can we find common ground and develop our professional knowledge and corresponding training? Let's talk!

Kristian Valbak



# FRIDAY 26. of April

## Who and What is Group Analysis for?

09:00 - 10:20	Business Meeting (EGATIN Committee only)
10:30 - 12:00	Sensitivity meeting with delegates (Delegates only)
12:00 - 13:00	Registration Lunch available 12.00-13.00
13:00 - 13:30	Opening / Welcome by Marina Brinchi (Chair of EGATIN) & Kristian Valbak (Chair of LOC)
13:30 - 15:00	Session 1 Chair: Kristian Valbak (IGA-Aarhus)  Sigmund Karterud (IGA-Norway) - P1 'Theoretical and clinical Challenges with applied Group Analysis' (45 min.)  Ole Karkov Østergård (IGA-Aarhus) - P2 'Who are Short-Term Groups for? A Study of Students' (30 min.)
15:00 - 15:30	Break with coffee/tea & cake
15:30 - 17:00	Small discussion groups (1-8)
17:00 - 17:15	Break
17:15 - 18:45	Large Group I Conductors: Linde Wotton (IGA-London) & Peter Ramsing (IGA-Aarhus)
19:00	WELCOME RECEPTION Drinks & Meal

*The blue sections to be streamed, the AGM intended to be also hybrid (two-ways).*

# SATURDAY 27. of April

## Where are we going in Group Analytic Training?

08:00 - 09:00	Meeting of EGATIN Committee with Trainees
09:15 - 10:30	Session 2 Chair: Mirjana Pernar (IGA-Zagreb)  Ljiljana Moro (IGA-Zagreb) - P3 'Group Analytic Training in Times of War and Peace. What has Group Analysis given me' (30 min.)  Farhad Dalal (IGA-London) - P4 'Disruptions from the Periphery. From EGATIN to IGATIN?' (30 min.)
10:30 - 11:00	Break with coffee/tea and fruit
11:00 - 12:30	Large Group II
12:30 - 13:30	Lunch
13:30 - 14:45	Session 3. Trainees' presentations Chair: Ana Loncar Knutsen (IGA-Aarhus)  Linn Stormby-Szöllösi & Charlotte Sleimann (IGA-Aarhus) - P5 'Stand by me. When a Youth Group tumbles and falls' (30 min)  Lene Hjort (IGA-Aarhus) - P6 'Recognizing Disruption in the Group Matrix' (30 min.)
14:45 - 15:00	Break
15:00 - 16:15	Small Discussion Groups
16:15 - 16:30	Break with Water & Fruit
16:30 - 18:00	Large Group III
19:15 - 24:00	Gala Dinner & Dance

# SUNDAY 28. of April

## EGATIN Business Meetings

09:00 - 10:00	Delegates sensitivity meeting (Delegates only)
10:05 - 11:00	EGATIN Policy meeting (observers welcome)
11:00 - 11:30	Break with coffee/tea, fruit
11:30 - 13:30	EGATIN Annual General Meeting (observers welcome)